

UNPACKING YOUR GTS & POWER TOWER

1. Lay the carton down with the lid uppermost.
2. Remove the strapping and Lift off the lid.
3. Turn the lid over and then throw all the Cardboard packing materials from the carton into the lid.
4. Remove the Lat Bars in the two open top boxes and put to one side.
5. Locate the Parts Box and put to one Side.
6. Standing at the top end of the tower end of the box, Stand the box up.
7. "Walk" the GTS out of the box, Note the Squat stand and holder are tucked behind the GTS and will slip down in the box as you do that but this is not of concern.
8. Once you have the GTS out of the box remove the plastic, remove the Squat Stand and Squat Stand holder from the box and unwrap.
9. Clear away the box and packing material so you have room to set up.
10. Follow the instructions in the owners guide for assembly and setup.

Click here to download a copy of the [owners guide](#) See the Documentation Box on the bottom right corner of the page and click on GTS Owners Guide

If you require assistance please call us:

In New Zealand 0800 552 8789

In Australia 1800 552 8789